

PETER MANDEL



# THE DISC OF THE NUMERIC SYMBOLS

  
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healing power of colors

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## INTRODUCTION

For more than 30 years I have been developing simple crystal discs, which are able to activate the existing “matrix regulators” on the body surface through the utilized symbolism.

I have developed four therapy discs in the past.

1. The Disc of Love or the Heart. Especially nowadays we have been recognizing that the heart has a brain, which is supraordinate to the cranial and abdominal brains. I have been able to delineate certain reflex areas, which are able to facilitate the harmony of the three brains.
2. To create the Disc of Light or the Dream Disc I have been using the pentagram and have positioned the masculine, as well as the feminine aspect on it. The pentagram is a powerful symbol, which represents the principle of creation.
3. I have assigned the Disc of Life to the body and thus cellular consciousness. It originated from the lore around sacred geometry, which plays such a special part in our life.
4. The Disc of the Elements is based on the insight that everything that exists, including our body, has been created through the four elements. I am using the foundation of the classical directions of energy flow - vertical, horizontal and diagonal. The resulting star has been considered as the sign of the creator gods or the star of Ishtar as far back as the Sumerian age. Today we understand this symbol as the sign for living matter.

These four discs form the basic framework for the treatment of specific “matrix regulators”. They are solely referring to the symbolism of the shapes within the disc. As the body surface (the skin) shows holographic structures (see page 7), it is probable that the contact with corresponding symbols in the appropriate information areas of the “matrix on the skin” triggers reactions in the assigned physical or also emotional areas.

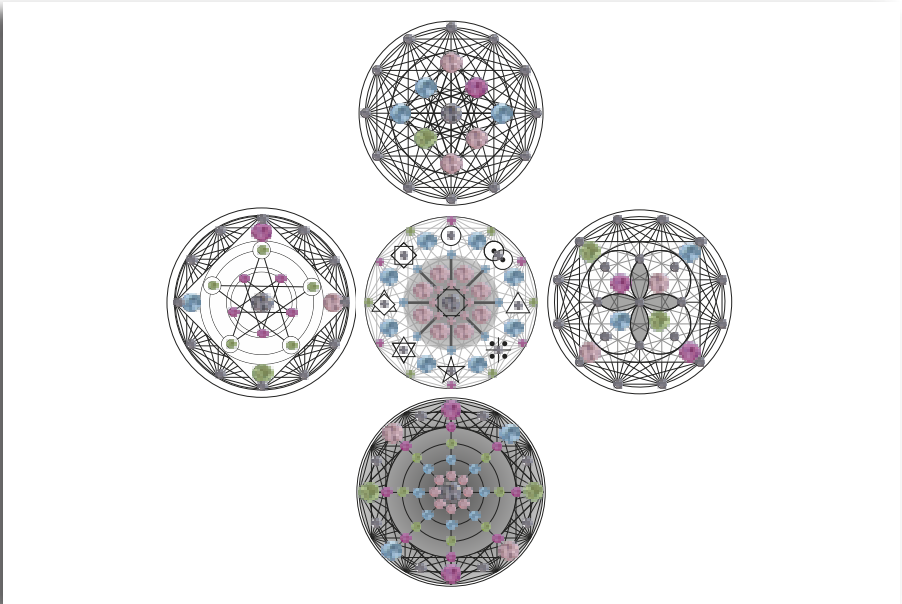
Now I have developed a fifth disc, which I call the Disc of the numeric symbols.



The Disc of the numeric symbols

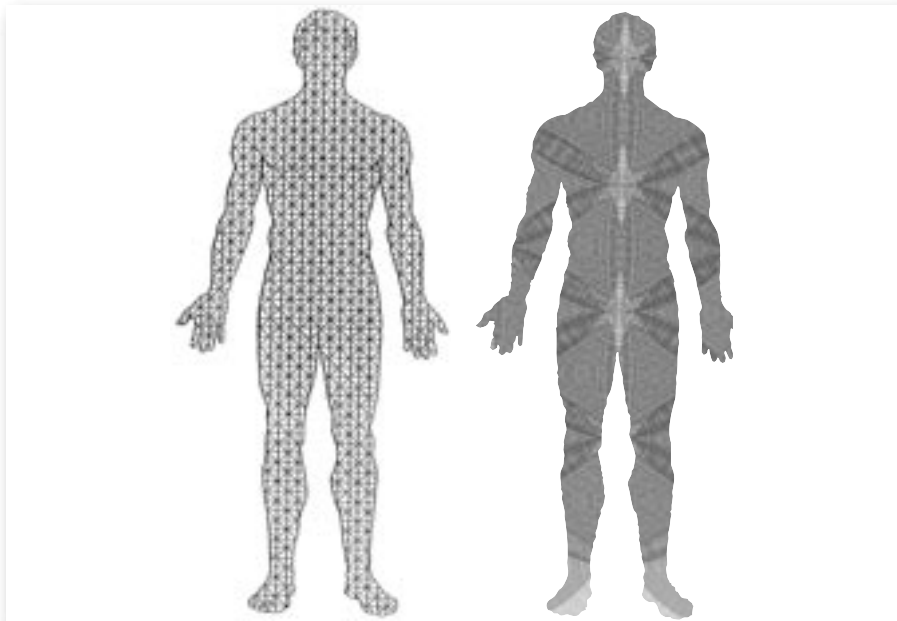


I am positioning this disc in the middle of the four previous discs and am thus assigning it a supraordinate function.



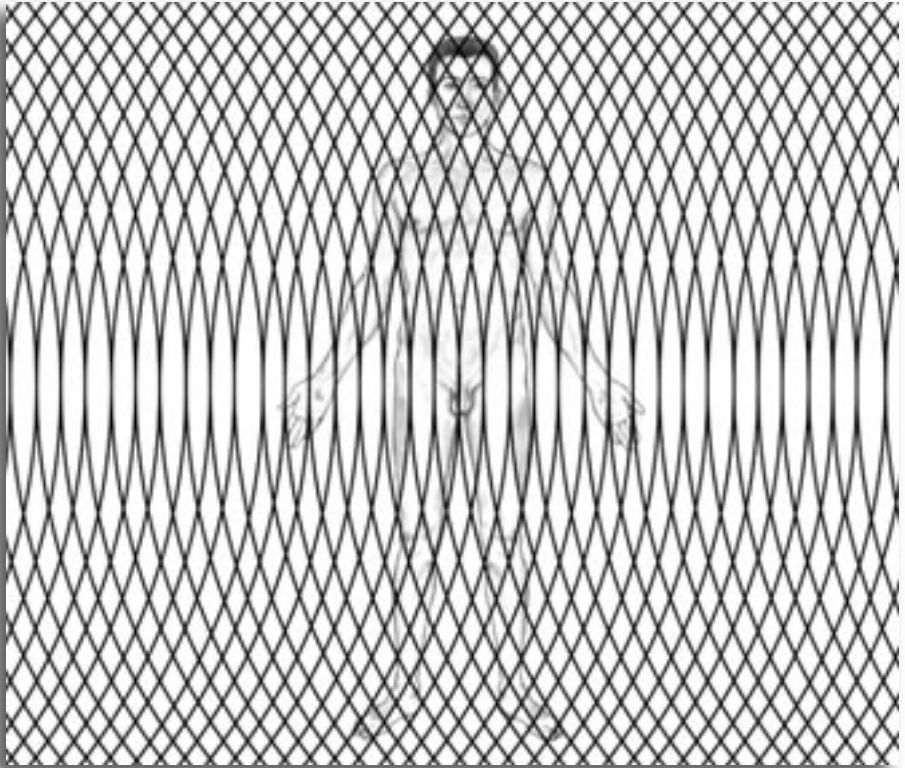
As it has been the case with the previous discs the starting point was the insight that the body surface as an entity comprises a regulator for the interior. I consider the borderline of our being, the skin, now as a filter station for impulses from the interior (soul/psyche) and the exterior (reactions to stress coming in from the outside).

As far back as the nineteenth century many physicians and therapists (Head, Mackenzie, Cornelius and others) recognized that it was possible to exert an influence on the internal organs by using the skin. The skin and muscle zones were called segments, and other researchers and therapists have developed them further in the twentieth century (for instance Joachim von Puttkammer 1930). Even now the search is still on for new connection patterns between the lines that are traversing the entire skin surface. When these lines get more and more condensed, a hologram emerges.



Information from the outside forms interferences with information from the inside. They can be constructive or destructive as well. This relates to our environment and the people with whom we are living together.





Prof. Bruce Lipton and Epigenetics state that the cellular membrane is the brain of the cell, and that external stimuli switch the genes off or on by ways of the membrane.

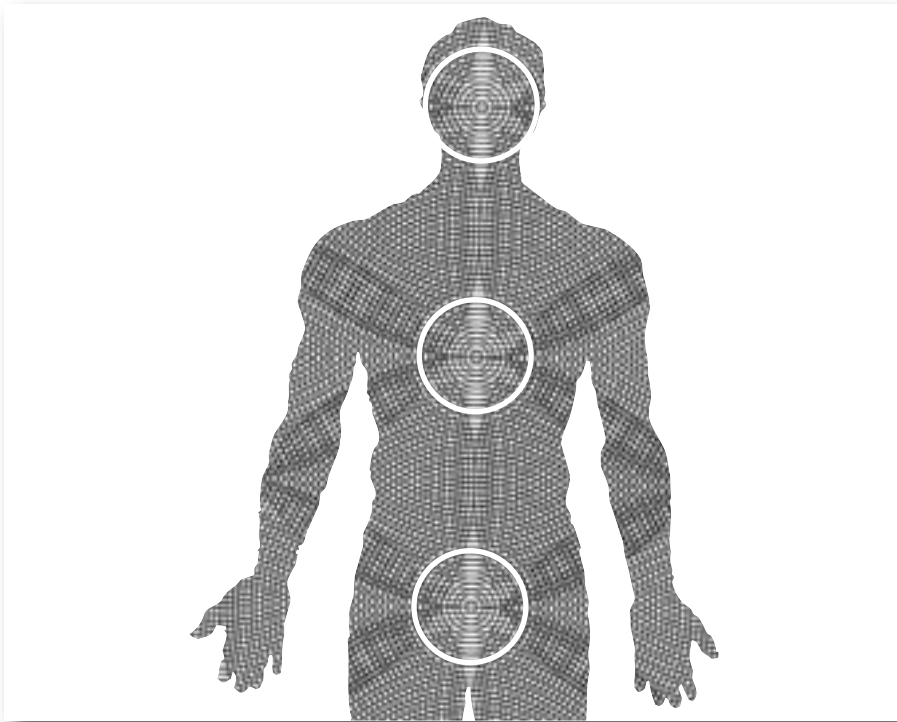
At that point the envelope, which surrounds our body, the skin could be described as a supraordinate brain. This is where the contact to higher dimensions and vibrational fields seems to manifest.

When you look closely at the hologram that I have developed in the illustration on page 7, you notice that there are three star shapes.

These shapes prompted me to look for and find three times three supraordinate centers within this hologram.



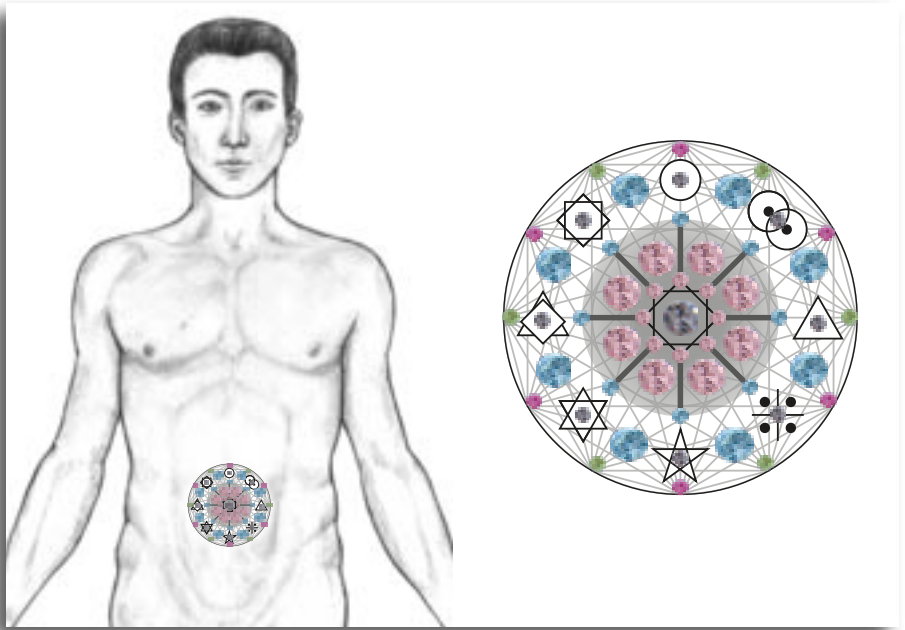




They are the basic framework for all “matrix regulators” on the human skin. According to my observations they are vibrating in precisely defined frequencies, and I shall publish this later in a separate volume.



## THE CENTER OF THE NUMBER 1



### Indications of the Center of the Number 1:

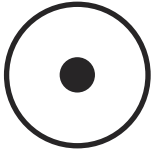
I have positioned the Center of the Number 1 directly at the navel. I was able to recognize that all of a person's feelings are gathered there and that here the decision is made whether our perception becomes positive or negative. From this center you can come into your own personal middle. And only if you are able to do that successfully once in a while, can you live your life in harmony.

The following physical and psychological complaints frequently originate at this center:

Complaints of the cervical and the lumbar spine, in particular when they are therapy resistant. Effects on the entire abdominal space, especially the intestines with pressure into the pelvis. People often have migraines or permanent headaches and also dizziness.



## MEANING OF THE NUMBER 1 IN REGARD TO A PERSON'S LIFE-PATH:



### SYMBOL OF THE NUMBER 1

Symbol for the “unity”, for the beginning and for an entire life. First emanation of God. Symbolizes the “indivisible”, the point in the circle, the as of yet undiscovered, that which is still in the germinal stage.

People with the number 1 on the life-path are individuals with independent ideas, they are strong-minded and ambitious, yet they have to learn to find a balance between the inside and the outside. Moreover they have to train their individuality, self-confidence and the correct expression of the will, from inside towards the outside as well as the other way around. If they are not doing that during their lives, then they are risking to drown in the vortex of their feelings and emotions.

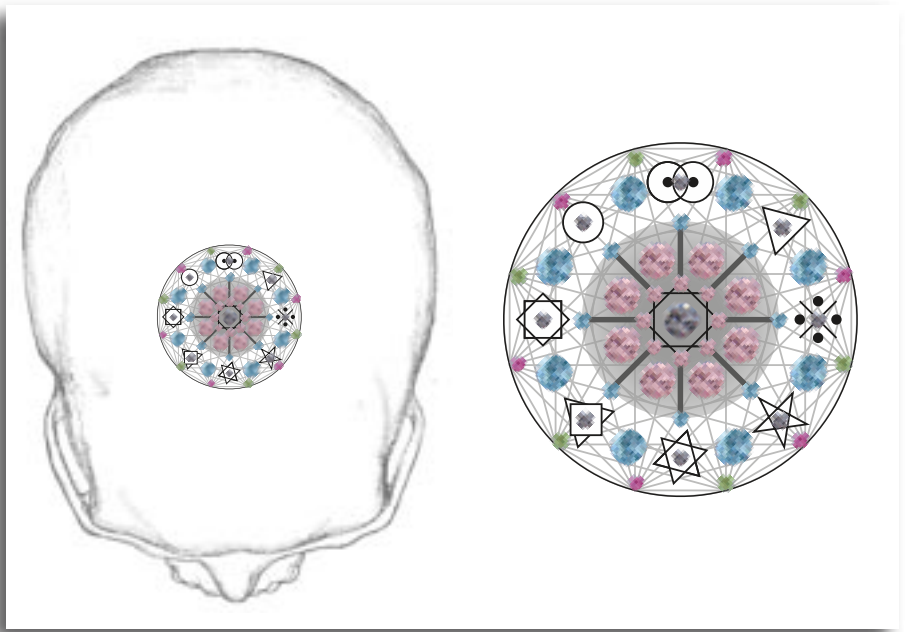
The positive keyword of the number 1 - according to Marguerite Haymes - is individualization, the negative one is selfishness.

### SUMMARY OF THE MEANINGS OF THE NUMBER 1:

- Deals with all matters in a peculiar way.
- Possesses a strong sense of independence.
- Has a hard time accepting advice from other people.
- Possesses originality, sometimes brilliance.
- Should not act imprudent or impulsive.
- Is changeable in love and partnership.



## THE CENTER OF THE NUMBER 2

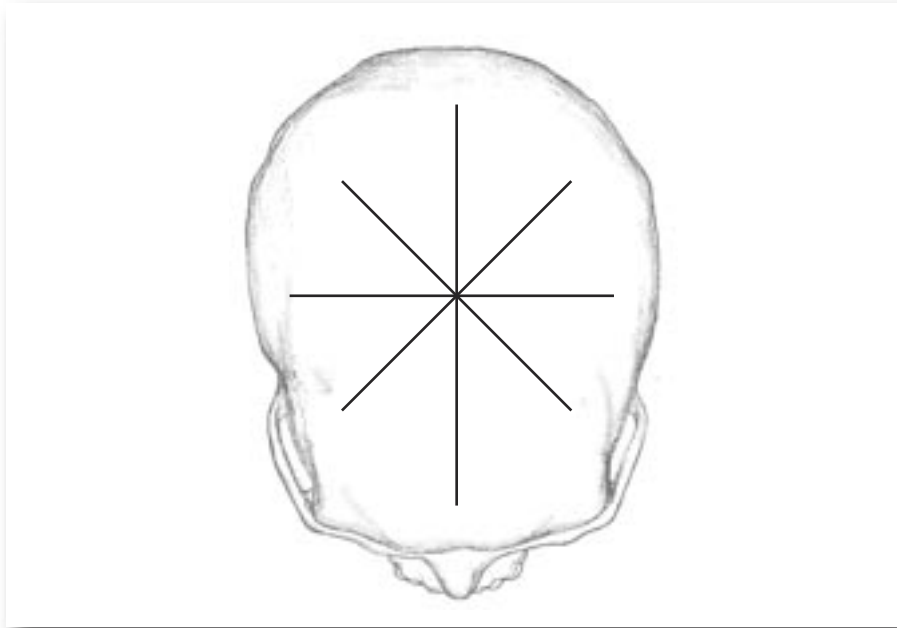
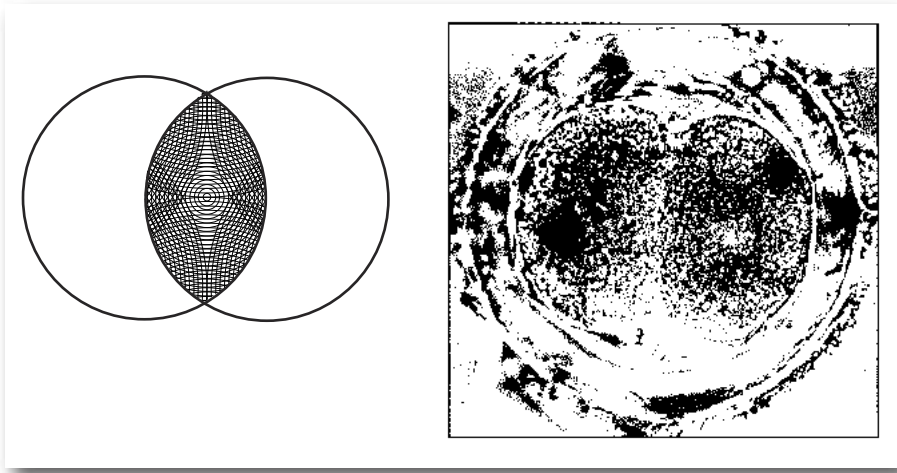


### Indications of the Center of the Number 2

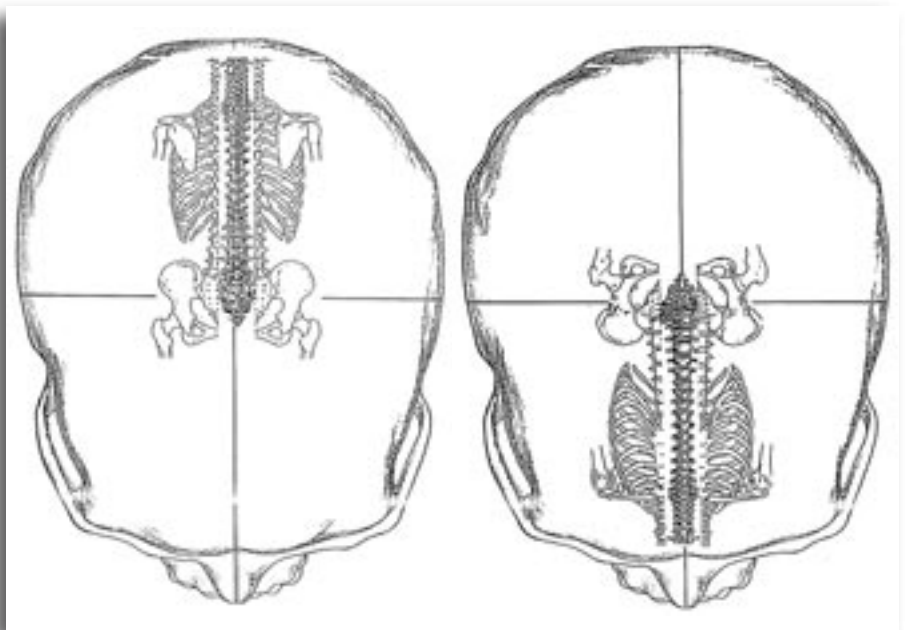
The Center of the Number 2 is found in the middle of the top of the skull. On one hand this is where the absolute unity is located (connection towards above and the other dimensions), on the other hand there is a connection to the polarity principle due to the first division, our space-time.

The division of the whole into two identical shapes of the whole allows the formation of the notion of a light and a shadow world. Thus the left illustration shows the birth of the number 2. The right picture shows the human egg during its first division. The vesica piscis (fish bladder) is clearly recognizable.





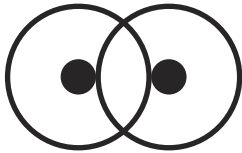
Theoretically the infinite light resides above the top of the skull, and it is seen as related to the higher dimensional information. Therefore we might have been able in the past to find a whole network of novel reflex areas. The directions of energy flow (which are the foundation of the disc of the numeric symbols) the descending information can give us therapists clues about the indications of this field.



Firstly there are the spine and the joints, but also all organs and systems, which are connected to this center of the beginning. This field has a special relationship to the pelvis and its organs and functions. Moreover I have observed that the stress level can be reduced through this center so that the person's psyche can experience some relaxation.



## MEANING OF THE NUMBER 2 IN REGARD TO A PERSON'S LIFE-PATH



### SYMBOL OF THE NUMBER 2

Symbol of duality and periodic change. The number shows the dual nature of the human being. It is the first number that diverges from the unity. The absolute number of opposites: anima - animus, day - night, sun - moon, yin - yang, and more.

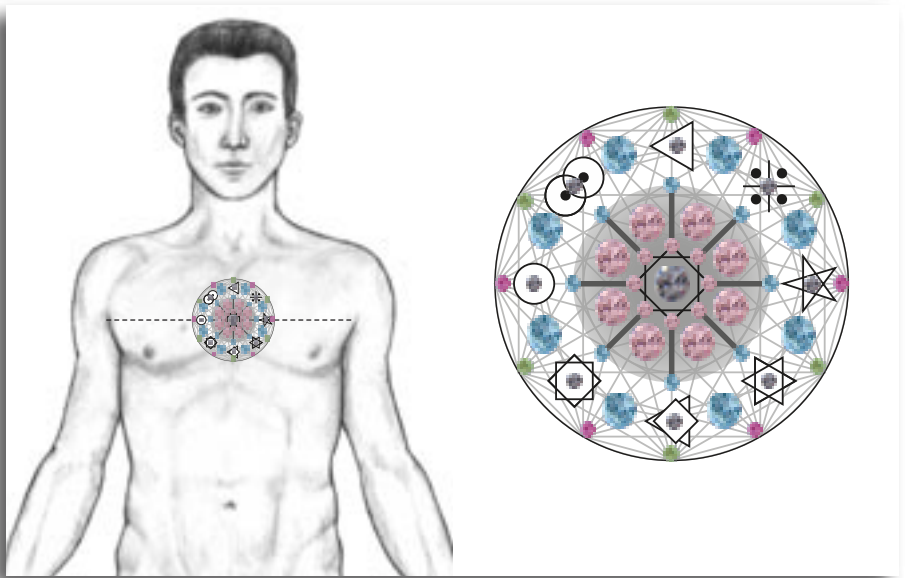
Cooperation is the basic task of the number 2, therefore a person has to learn it in the outer as well as in the inner to achieve the balance. The person with the life number 2 is required to search for compromises in himself and in the world and live accordingly. Often these are the patient servants. Looking for community and cooperating in harmony are the challenges. The learning objective is to listen to the inner voice.

### SUMMARY OF THE MEANINGS OF THE NUMBER 2:

- Carries the determination to solve the problems in this life.
- Is longing for peace and harmony.
- Is amiable and considerate.
- Wants to resolve all conflicts diplomatically, but often avoids emotional conflicts and does not want to take them on.
- Is often unable to find a direction in life, does not know what life is carrying him towards.
- Does not make bold decisions and does not seek material gain.
- Feels pushed into a corner by responsibility and overdue decisions and is looking for advice and opinions from others; nonetheless coming to a decision is complicated.
- Is afraid of hurt, humiliation and rejection.



## THE CENTER OF THE NUMBER 3



### Indications of the Center of the Number 3:

The Center of the Number 3 is located in the middle of the sternum and symbolizes the “freedom” that every human being is given. At the same time we also find the “bondage” in the center of the sternum, which is the case, when the person is stooped, or more commonly has been weighed down by the outer circumstances.

Whenever a person has lost his inner and/or outer freedom this center should come to mind.

If there is negative stress, the organs heart, lungs and bronchi deserve special attention. The pressure most often originates in the thoracic spine and thus explains the stooped posture of the person. More importantly this center puts strain on the solarplexus, which points towards the preceding stress that these people have been subject to. In this context we always encounter insomnia or a disturbed sleep rhythm, which talks about an inadequate detoxification through the newly found lymphatic system of the brain during the night.





We also can observe a very deeply rooted despair in these folks. There sense is that they are oppressed (usually from the outside) and that there is no liberation possible. This is when the forward movement on the life-path cedes and there is a stop and stagnation. That has a profound effect in the organ areas and the related destructive/degenerative diseases.

## **MEANING OF THE NUMBER 3 IN REGARD TO A PERSON'S LIFE-PATH**



### **SYMBOL OF THE NUMBER 3**

The number 3 symbolizes the overcoming of the duality and is reflecting it. Here we encounter the trinity of our life of spirit, soul and body for the first time. The number 3 has an extreme number of analogies. It is said that the power of the number 3 is universal. Duality and unity are connecting in the same way that there is a correspondence to father, mother and child.

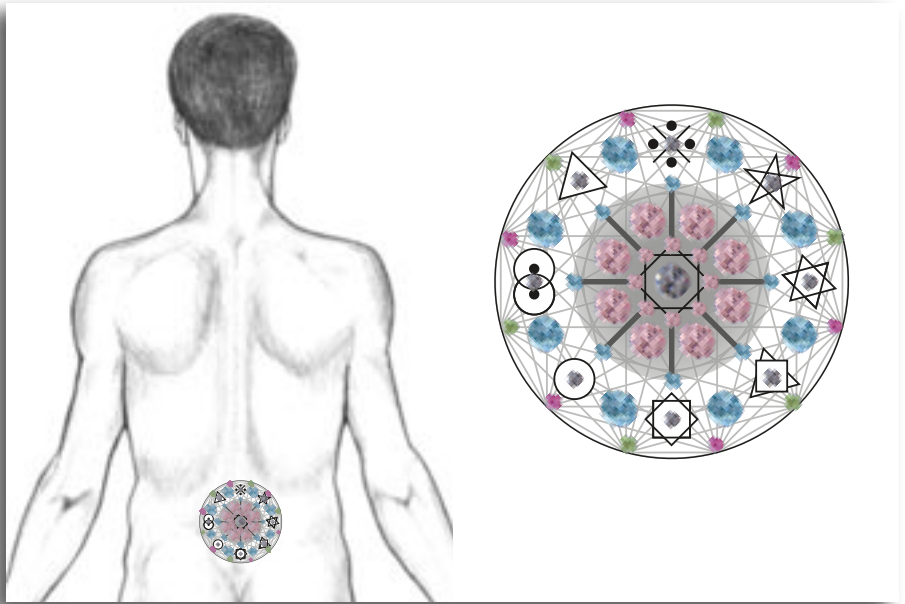
People with the number 3 have a creative and artistic temperament, they are intuitive, joyful and gregarious. They have to let go of superficiality and extravagance without becoming dull or depressed. One of the other most important tasks is to process the mediation of opposites. A person with the number 3 should allow himself to be guided from inside, so that he can have an effect on the outside.

### **SUMMARY OF THE MEANINGS OF THE NUMBER 3:**

- Has the big wish to bring joy and beautiful things into the world.
- Has a strong charisma, yet from early on there are feelings of frustration.
- Depression is obstructing the marked creativity. Possible control does not allow depression to last long.
- In the life of the number 3 sensuality is important. If there is boredom, then there often is a change in partnerships and friendships. Therefore a lot of hurt and disappointment.
- The 3 has to build up self-confidence his entire life.



## THE CENTER OF THE NUMBER 4



### Indications of the Center of the Number 4:

The center of the number 4 is located on the spine exactly opposite the navel. We are calling this center the field of the frozen feelings. The number 4 symbolizes the square, the four directions and the four elements; it is particularly assigned to and engaged in the here and now.

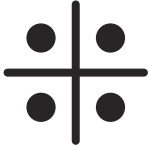
Physically there often are complaints of the legs, but also feelings of numbness in the feet, which are always related to complaints of the spine.

It is important to note that there are not only strains in the spine, but that there also is intestinal involvement. Already in 1930 the brilliant physical therapist Joachim von Puttkammer, who worked in Berlin, treated this area around the Center of the Number 4 intensively in regard to constipation (right side) and diarrhea (left side).

Psychologically this field experiences stress, when a person is unable to control and balance his feelings and emotions.



## MEANING OF THE NUMBER 4 IN REGARD TO A PERSON'S LIFE-PATH



### SYMBOL OF THE NUMBER 4

The number 4 has the strongest connection to the level on which we exist. It is the number of the four elements and relates to everything that can be found in this world in a fourfold configuration.

The person, whose life-path is designated by the number 4, has to fulfill every task diligently, patiently and loyally.

In people with the number 4 we often encounter intolerance, stubbornness, bigotry and laziness. They have to work on the outside, as well as on the inside to not become subject to one-sidedness.

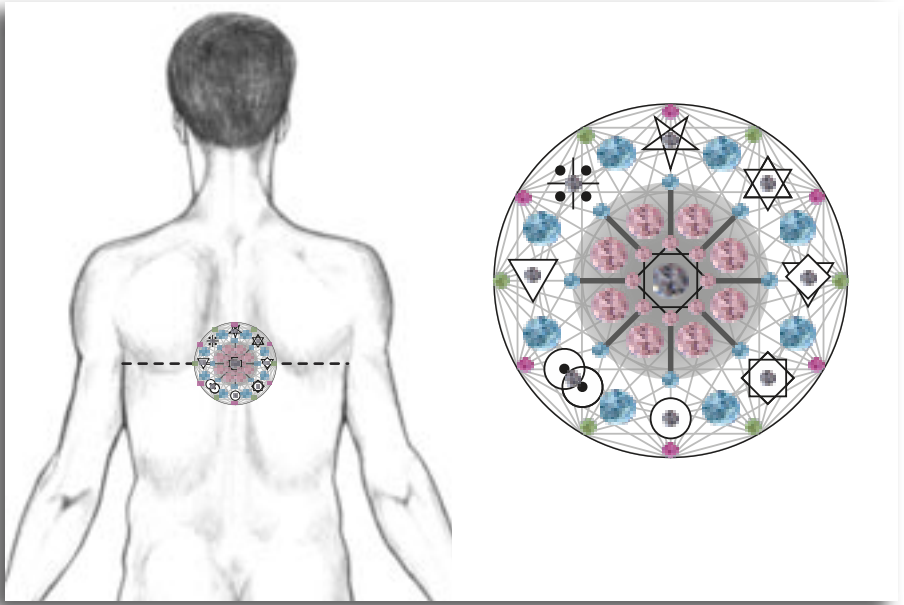
The personality of the number 4 always encounters hard work on the outside and the task is to manage it in an orderly and methodical fashion. The keyword of the number 4 in the positive sense is organization, in the negative obstinacy.

### SUMMARY OF THE MEANINGS OF THE NUMBER 4:

- Determination, hard work and stubborn views quite frequently dominate these people.
- They take little time for fun and joy, there is only work. Therefore they have to guard themselves against turning into workaholics.
- They would love to become or be in a position of authority.
- Feelings like rage and resentment are common and there is a certain stubbornness with it.
- Injustice towards their person or injustice towards others can trigger deep aversion or hatred at times.
- It is very difficult for them to accept criticism.
- In spite of it all they are very well organized and practical. They are doing well with the routines of life.
- Often they have no strong impulse for themselves. Nonetheless they work hard to take good and sufficient care of the family.



## THE CENTER OF THE NUMBER 5

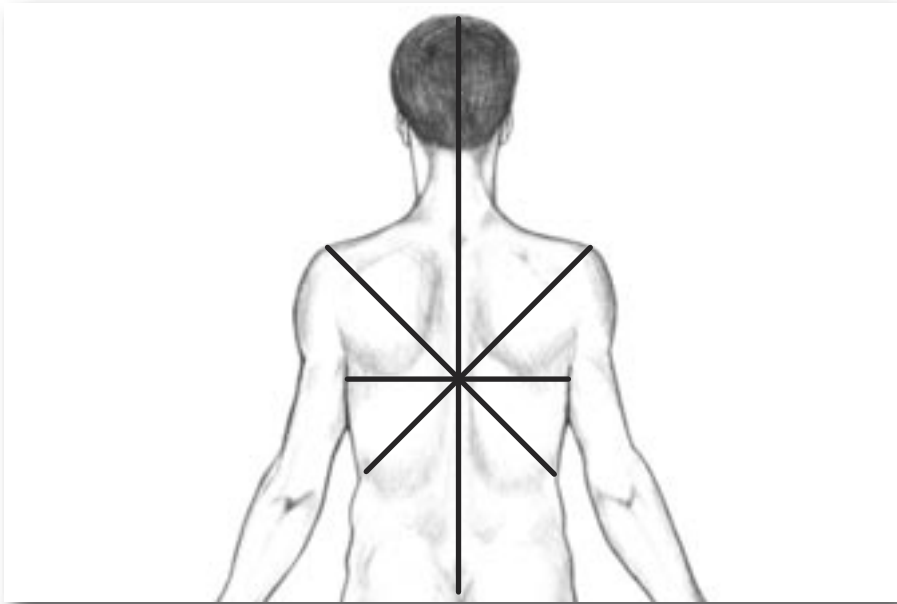


### Indications of the Center of the Number 5:

I am calling the Center of the Number 5 also the field of love. I am concluding that from the tips of the two shoulderblades, which are connected with each other. The tips of the scapulae have been long considered as “matrix reflectors” of the female breast. The breast of the woman (and also that of the man) is seen as a caring, giving and loving symbol.

The center relates primarily to the transfer of information between the brain in the heart and the cranial brain. The abdominal brain is wrapped up in this as well, it generates all the feelings that we are able to experience as humans. Therefore negative stress manifests here. Looking at the following illustration the connection of this center becomes obvious.





The vertical line touches towards the top on the area of coordination (medulla oblongata), and towards the bottom on the pelvis with all supraordinate reflex areas. The diagonals are traversing the scapula and are touching the zone of unfoldment in its middle. When treating sick people, we might ponder the many connections. For instance, when people are not able to unfold in the outer world, when they are being “mobbed” or when they feel rejected or unloved.

Physically this field corresponds to the organs of the thorax, especially the heart and all the negative processes that are occurring there. The shoulder girdle, including the cervical spine and the shoulder joints, is related to this center. We are also able to observe that the genital organs and the pelvic joints have a reference here.

This area is one of the most important “healing fields” of the body, because this is where the decision takes place, whether a person can ascend due to the power of love, or whether the obstacles of his life will weigh him down more and more.

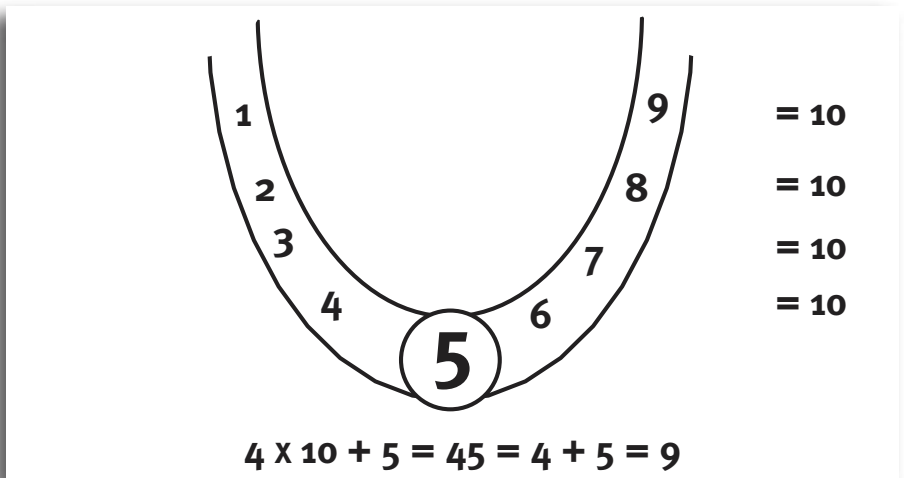


## MEANING OF THE NUMBER 5 IN REGARD TO A PERSON'S LIFE-PATH



### SYMBOL OF THE NUMBER 5

The number 5 is in the middle. The descending numbers 1 to 4 are called the involution of numbers, and the numbers 6 to 9 are assigned to the evolution. The following diagram is meant to clarify this.



The descending numbers 1 to 4 carry the information of the beginning (involution) and are moved through the neutral number 5 to the ascending numbers 6 to 9 (evolution). The number 5 has an influence in both directions and thus doubles to the number 10. The same applies to opposing numbers, which all add up to 10. Thus the key lies in the number 10. The number 5 is not only the number of freedom, but also that of transformation (different from the number 8, which also stands for transformation). This transformation, however, often presents huge problems to the people with the number 5.



The changing circumstances that these people are experiencing in their lives quite often make them restless and nervous. The task is to start a quest for the new and progressive. If these people adapt to the changing and uncertain situations, then they are able to cross over to the side of evolution (number 6). The number 5 represents the halfway point towards unity, which the number 10 symbolizes. That highest stage of the sequence of numbers symbolizes also a new beginning and thus the number 1. The number 1 is considered a divine number and so people with the number 5 have to learn to move towards that goal.

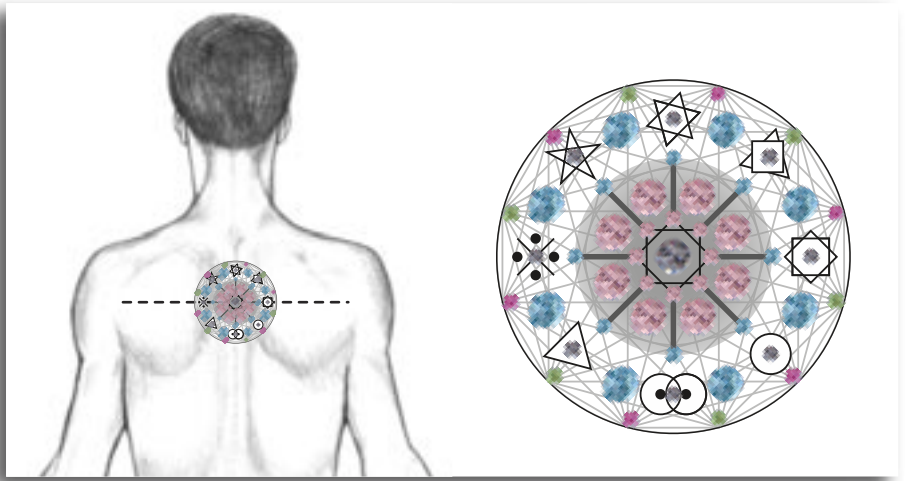
In people with the number 5 we encounter all kinds of talents, which due to the inborn curiosity are all looking for simultaneous expression. They strive for freedom on the inside, as well as on the outside. They are quick (often too quick), are looking for adventure, are flexible and energetic. They often are torn up inside and find themselves in trouble, because they are not paying attention to the experiences they have had in the past. They are always in danger to subject themselves to excess (alcohol, drugs, sex).

### **SUMMARY OF THE MEANINGS OF THE NUMBER 5:**

- Needs mental and physical activity and has a strong drive towards independence; often unsteady.
- Curiosity and inventiveness are inborn, permanent diversity is desired.
- In the outer life a “jack of all trades”, yet a deficiency in regard to stable relationships.
- In the long run the soul is lonely.
- Needs freedom and room to move.



## THE CENTER OF THE NUMBER 6



### Indications of the Center of the Number 6:

Above the center of love lies the “destructive field”, as I have been calling it. I have assigned this center to the number 6.

This center is called the “Saturn principle” and belongs now to the most important “matrix regulators”.

During the last we have repeatedly been able to observe that the “corrosive and the absolutely destructive” is located between the shoulderblades at the level of the axillary folds. And thus destructive and degenerative diseases are able to originate from this reflex zone.





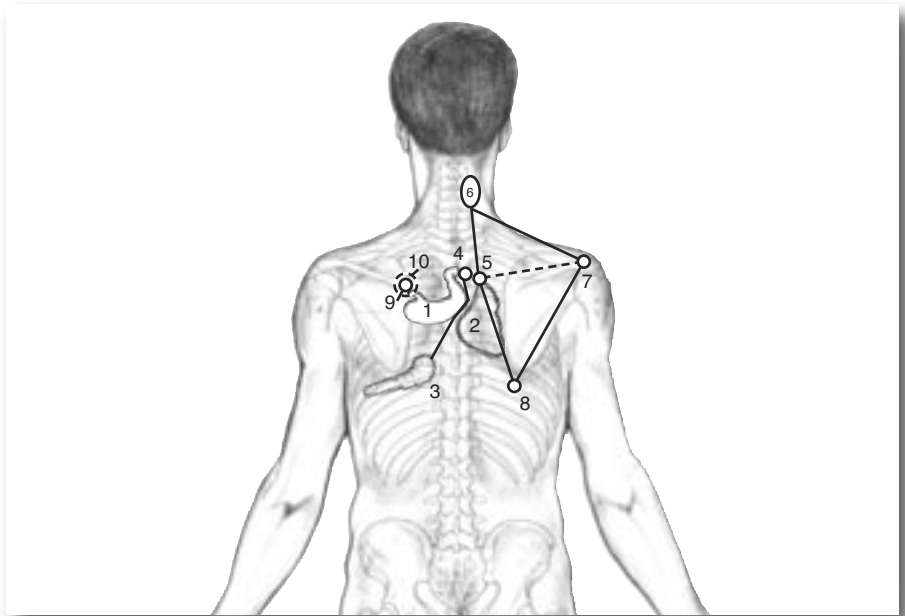


All people have a vulnerable spot here, and this is where the “stooping” starts, which has the consequence of a loss of freedom (in the front). This is the zone of the absolute blockages, when a person is acting against his own best interest. Then he loses his “birthright” of being free and walking on his life-path according to his individual destination. Therefore this is where we find strain of the knee joints, which signals that “the step forward” cannot be taken anymore. In order to do so one needs the knee joint, but also thinking upwards the hip joints and the sacroiliac areas.



Physically the segments of the organs of this area deserve attention, because they often suffer from tension. This is particularly important in regard to the heart, but also applies to other organs like liver, stomach and pancreas.

Here is an illustration:



Negative stress of this center also presents us with a variety of brain problems. This may be pain up to a migraine, temporary lapses, dizziness without clinical findings or so-called “odd states”. The center 6 is directly connected to the center 7.



## MEANING OF THE NUMBER 6 IN REGARD TO A PERSON'S LIFE-PATH



### SYMBOL OF THE NUMBER 6

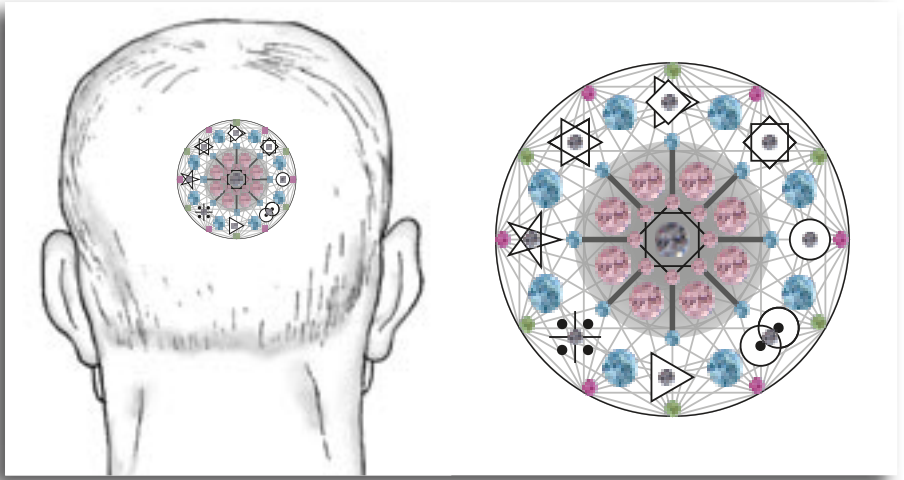
The positive keyword of the number 6 is “balance”, the negative one is “tyranny”. Number 6 is considered to be the number of impersonal sacrificial love. But these people tend to look too much after other people’s problems and neglect their own needs. Often they are quarrelsome and can easily lose their composure. If people with the 6 are positively influenced then they are quiet, happy and diligent people, who are always looking for a way of balance, in order to remove disharmonious conditions. If negative impulses radiate from this center (pain, tension), then it means the person is unable to find a balance in himself and with others. The necessary life dynamism is lacking and over time he will stand still on his life-path. That means there is stasis and destruction.

### SUMMARY OF THE MEANINGS OF THE NUMBER 6:

- People with the number 6 are born helpers and they always want to make sure that others have it easier. Therefore the carrier of this number is often taken advantage of.
- Self-deception through the care given; ‘if I am doing this much I can assume that there will only be positive feed-back’.
- The exaggerated helper role lets them lose perspective in regard to their own close partners and their own adversities.
- The emotions are oriented towards compassionate understanding and tenderness.
- Loyalty becomes their primary value.
- During childhood they often have a strong father - mother problem.



## THE CENTER OF THE NUMBER 7



### Indications of the Center of the Number 7:

This center is at the occiput exactly opposite the middle of the forehead. The zone at the occiput has a great influence on the coordination of the central nervous system. From there important reflex areas are touched, like for instance the centers of the sensory organs and the connection towards the top to the general point of the psyche.

Towards the bottom there is the center of coordination (medulla oblongata).

The “destructiveness” described in center number 6 is blocking center number 7. Again the pelvis and its organs are being affected through this zone.

## MEANING OF THE NUMBER 7 IN REGARD TO A PERSON’S LIFE-PATH



### SYMBOL OF THE NUMBER 7

For people with the number 7 it is of importance to apply the analysis that they are constantly using with the outside, also to themselves. Though they are looking for deeper truths, they are very frequently neglecting the inner values



in themselves and others. if they allow themselves to be guided by the internal impulses of their souls, then they are able to develop a distinct mystical and intuitive aptitude. Folks with the number 7 are constantly on a quest for deeper comprehension.

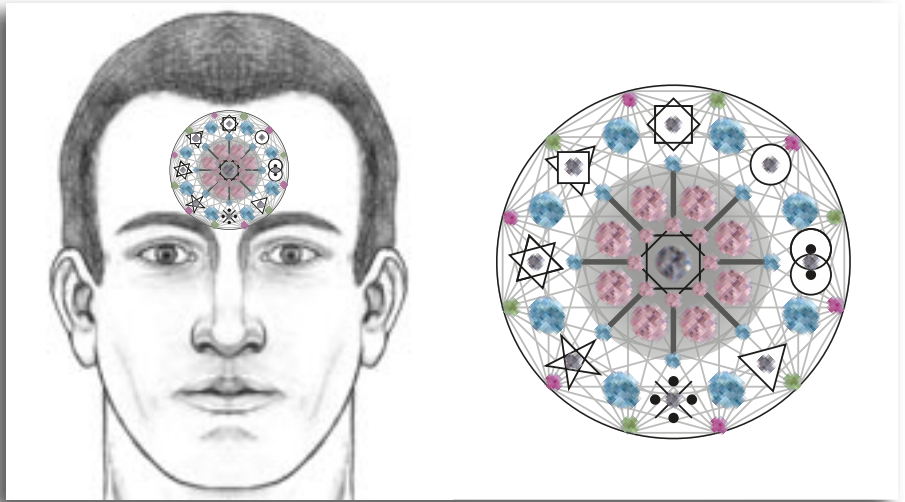
If the power of thought receives the priority in that pursuit, then the person can change to a “homunculus”, who is exclusively guided by logic. The soul hardens and with that also the feeling towards oneself. Then they give an arrogant, smug and snobbish impression. People with the number 7 have to learn to suspend rational thinking long enough to listen to what the higher self has to share.

### **SUMMARY OF THE MEANINGS OF THE NUMBER 7:**

- The intellectual and psychological orientation of people with the number 7 is philosophical and mysterious.
- They are gathering insights in new arenas and always want to get to the bottom of things.
- Behind the mask of an intellectual there is usually a feeling type hidden.
- Sarcasm and cynical black humor are inherent in them and creates fear around them.
- Are not living simple friend- and partnerships, because they often come across as superior due to their intellectual keenness.
- They are very afraid that others might notice their emotional insecurities, and therefore they are surrounding themselves with a mental firewall.
- They carry a special treasure trove of wisdom and they have an expertise beyond average.

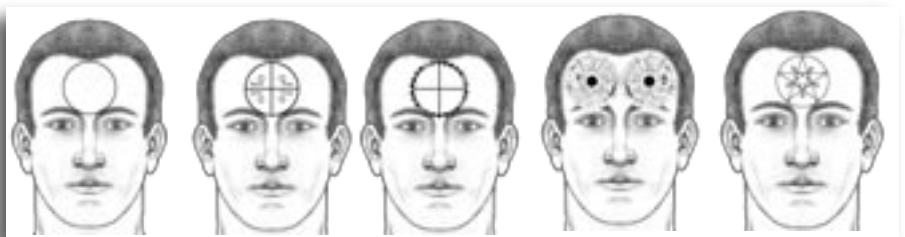


## THE CENTER OF THE NUMBER 8



### Indications of the Number 8

This center is in the middle of the forehead. I have recognized early on that all functions of the human beingness are collected there, and that from here all human sensitivities can be influenced. I called the circle in the middle of the forehead the “Esogetic pain clock”, because this small expanse is home to numerous varying reflex areas, which are able to reach different layers of our informative consciousness. Here are some examples of those therapy areas:



I have assigned the Center Number 8 (Pain clock) to the Disc of the numeric symbols. In the largest sense the center carries all the indications and symptoms that a human being is meeting up with during his life. Therefore it does not have any specific indications, but is directed towards “everything”.



For this reason the zone is always used in combination, when zones have been selected according to indications (that also applies to zone 9 → see page 32).

## MEANING OF THE NUMBER 8 IN REGARD TO A PERSON'S LIFE-PATH



### SYMBOL OF THE NUMBER 8

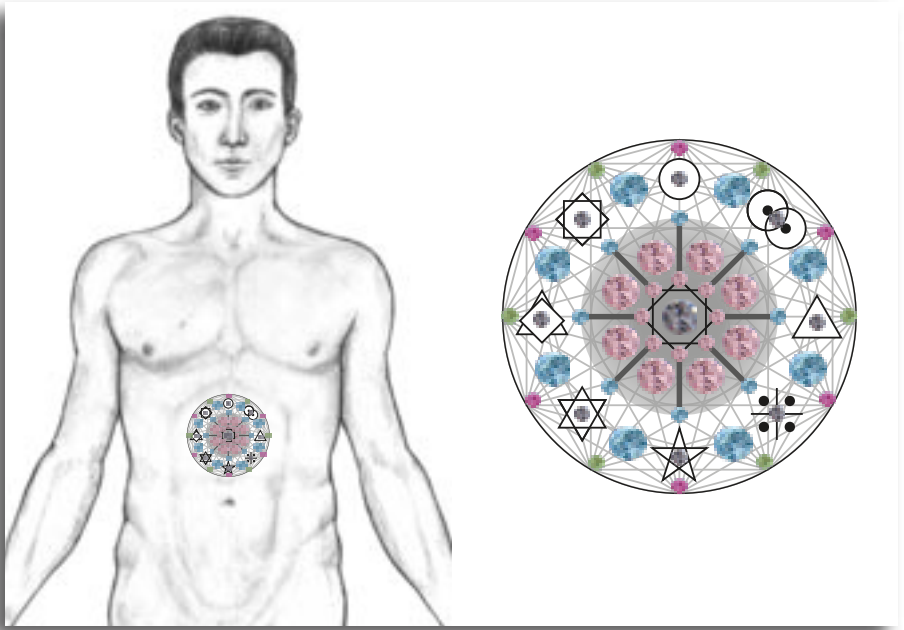
The number 8 is considered the number of balance and bliss. It is the symbol of the directions of energy flow, sign of the Gods (Star of Ishtar). The vertical symbolizes the spirit, the horizontal the soul and the resulting diagonals belong to the body and thus the duality of the human being. The 8 is also the symbol of infinity and permanent change. The number stands for the absolute success in life, but also for its opposite, the failure. People with the number 8 carry potent leadership qualities, which can be brought to life in a self-confident and successful manner. But first of all they have to take charge of themselves, otherwise exaggerated ambition or fear of failure will become their daily experience. The task is to become a leader to oneself and others, in a balance of plus and minus.

### SUMMARY OF THE MEANINGS OF THE NUMBER 8:

- People with the number 8 are continually occupied in life with sustaining their own 'ego'.
- In negative cases they can be unscrupulous and create suffering for others.
- They carry an inherent pride and hold therefore the opinion that they deserve to hold a special position of authority in this life. But they are eschewing the necessary efforts to merit that rank.
- They have to be cautious with greed, otherwise the heart gets poisoned.
- They have a tremendous drive for success, yet they are not always in charge of the situation.
- They need a lot of space to come to decisions.
- In friendships they also take what they want. Critical friendships are declined.



## THE CENTER OF THE NUMBER 9



### Indications of the Center of the Number 9

The assigned center is in the upper abdomen, three fingerwidths below the tip of the sternum, where the center of the circle is found. Many years ago this is where I positioned the middle of the human being and thus his core essence, which is always related to tension and relaxation. The solarplexus, which is located there and its functions that are of such importance for us humans, has a direct relationship to our core essence. This center takes part in all diseases.

The center 9, like the center 8, does not have any specific indications and is always added in combination in the treatment of symptoms and diseases. According to my observations the solarplexus is always under absolute tension in any disease, whether it is physical or psychological. That leads to insomnia and especially disturbances of the sleep rhythm. That has an effect on the detoxification of waste in the brain, which can only happen during sleep. An insufficient detoxification can trigger most of the severe diseases, according to modern science. There are reports for instance that Alzheimers

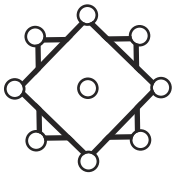




and dementia, but also systemic diseases like Parkinsonism or others may have their causes here.

The Center of the Number 9 can be used for all types of diseases.

## MEANING OF THE NUMBER 9 IN REGARD TO A PERSON'S LIFE-PATH



### SYMBOL OF THE NUMBER 9

I have positioned the symbol of the number 9 as the last of the ascending evolutionary numbers in the center of the disc. This number is always present in all the applications that we have discussed previously and therefore it does not have its own setting in the circle of numbers from 1 to 8. By its center position in the disc the number 9 symbolizes the center of the human life in the inner and the outer.

The number 9 is the symbol for the perfection of heaven and stands for divine consciousness. The nine story pagoda is an effigy of heaven. As the end of the number sequence the 9 represents a completion in this dimension.

### Psychologically

People with a 9 carry the longing in themselves for harmony among all people in this world. They are generous and compassionate, but often gullible, disoriented, intolerant and moody. First they have to learn to not lose their own personality by losing themselves in the big topics or world questions.

On the outside this person is generous and tolerant, yet he can often get lost in reveries. The inborn optimism can make him a hope for the world. You could say he is able to “dream the world anew”. Yet if others take up his time and energy, because he tends to be gullible, then grudges, envy and thoughts of revenge can show up.

Especially the person with the number 9 often has to overcome hurt and disappointments. He has to learn to liberate himself from any earthly needs. Only



then these people receive everything. The dream that there may not be any misunderstandings in the world is always an illusion, unless a person lives that dream himself.

### **SUMMARY OF THE MEANINGS OF THE NUMBER 9:**

- The 9 has to complete difficult tasks in this life.
- He has to learn to recognize and resolve insecurities and difficult relationships.
- He suffers from many fears, which are hiding deep in the subconscious.
- He often feels lonely and isolated.
- He gives other people inspiration and support.
- He has to deal with religion (religiare = remember), consciousness expansion and metaphysics all of his life.
- The number 9 is often taken advantage of by others, because the weakness “to let himself be influenced” is quite prevalent.
- He always holds different opinions than the social mainstream, therefore he always swims against the current.



## **THE TREATMENT COMBINATIONS WITH THE DISC OF THE NUMERIC SYMBOLS**

In this manual about how to use the disc I would like to discuss three different options and describe them in detail.

1. Selection of the centers according to meaning and indication.
2. Assignment of the centers through the traditional number sequences of body - soul - spirit.
3. Testing of the symbols through the Esogetic pain clock.

### **SELECTION OF THE CENTERS ACCORDING TO MEANING AND INDICATION**

As shown from page 10 to page 34, each center has its own physical and psychological indications.

We are selecting that center in a person, which fits symptomatically or psychologically. In the treatment we shall always combine it with the center 8 (pain clock) and the center 9 (core essence).

For the application of the disc in any of the zones the symbol of the chosen center points towards the top.

The following examples give you the idea:

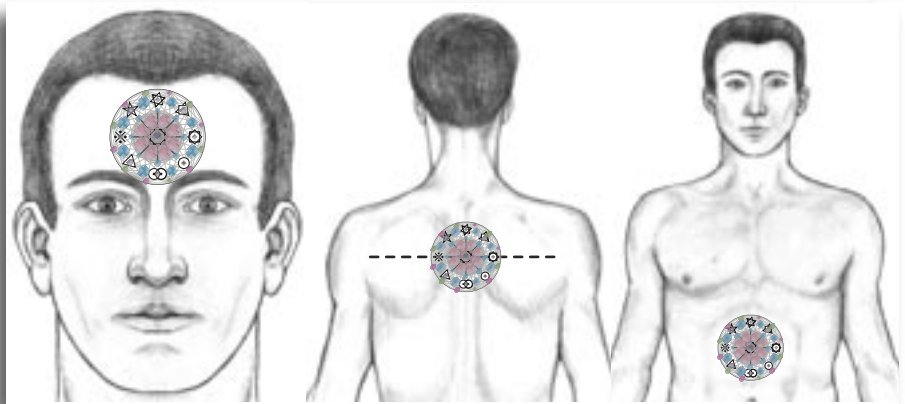


### EXAMPLE 1

Let us assume a person is suffering from rheumatism. This belongs to the destructive diseases and thus the Center of the Number 6 between the shoulderblades at the level of the axillary folds is relevant.

#### Treatment sequence and location:

1. Center 8 → Middle of the forehead
2. Center 6 → at the level of the axillary folds on the spine
3. Center 9 → 3 fingerwidths below the tip of the sternum



The appropriate symbol of the chosen center is oriented towards the top in any application to the treatment zones, in this case the symbol of the number 6.

The disc is applied for 4 to 5 minutes per zone.

Negative reactions (very rare) interrupt the application and we move on to the next center.



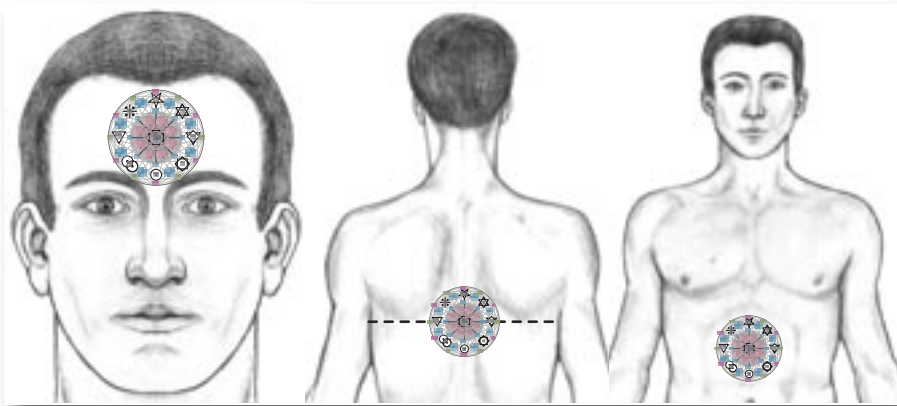
## EXAMPLE 2

I would like to add another example in regard to psychological stress.

In the Center of the Number 5 we encounter people, who are longing for freedom and yet are unable to find it. That often results in a feeling of loneliness and a tendency towards depression over time. The dependence from others is often prominent.

### Treatment sequence and location:

1. Center 8 → Middle of the forehead
2. Center 5 → at the level of the tips of the shoulderblades on the spine
3. Center 9 → 3 fingerwidths below the tip of the sternum



The appropriate symbol of the chosen center is oriented towards the top in any application to the treatment zones, in this case the symbol of the number 5.

The disc is applied for 4 to 5 minutes per zone.

Negative reactions (very rare) interrupt the application and we move on to the next center.



## ASSIGNMENT OF THE CENTERS THROUGH THE TRADITIONAL NUMBER SEQUENCES OF BODY, SOUL AND SPIRIT

Another interesting option to treat oneself or others with this disc are three number combinations, which can be applied without previous testing. I am assigning these to the three symbol areas of body (matter), soul (energy) and spirit (information).

### THE COMBINATION 1 – 4 – 7

The numbers 1 – 4 – 7 are called the teleois numbers. The word teleois means perfect, complete and tradition has it, that everything that exists can be traced back to these teleois numbers and the resulting measurements.

Hermann Kissener writes in his book “Lebenszahlen” (eng. ‘Life Numbers’, publ. Drei Eichen Verlag):

*“Teleois numbers and measurements seem to be the foundation for every perfect form on earth, and even for distances beyond earth. In reality the distances of small and large planets from the sun are in teleois ratio numbers.”*

The American scientist Dr. Brown Landone has focused on the teleois numbers and has published many books, which brought him worldwide dissemination and recognition.

The Teleois basic numbers are: 1 – 4 – 7 corresponding to matter

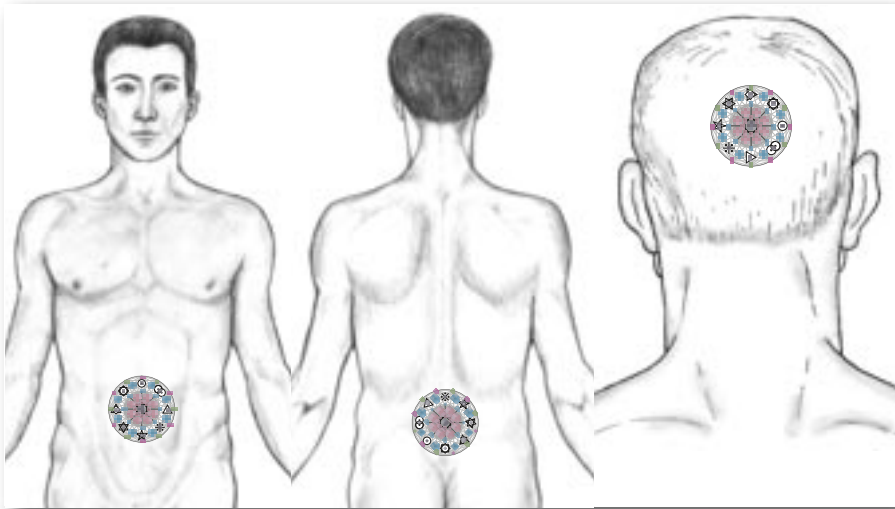
These three numbers make it not only possible to determine the exact distances of planets from the sun, they also show in the patterns of snow crystals or in the perfection of the human skeleton, as Dr. Landon has described in his books.

For me the teleois numbers are the epitome of matter, which shows in many variations and encompasses the entire universe.



**Indication of the combination 1 – 4 – 7**

In regard to the symbolism of the disc the symbols are representing matter and thus physical life. Therefore we can use the areas of the number 1 – 4 – 7 in a sick person in the beginning, independent from the exact type of disease. **It needs to be noted that in the area used the assigned symbol sign points always towards the top.**

**Treatment sequence and location:**

1. Center 1 → Middle of the navel
2. Center 4 → opposite the navel on the spine
3. Center 7 → opposite the middle of the forehead on the occiput

The appropriate symbol of the chosen center is oriented towards the top in any application to the treatment zones, in this case the symbol of the number 1, the number 4 and the number 7.

The disc is applied for 4 to 5 minutes per zone.

Negative reactions (very rare) interrupt the application and we move on to the next center.



## THE COMBINATION 3 – 6 – 9

There is another number sequence that is imbued with meaning and mysticism.

3 – 6 – 9 corresponds to the spirit/mind or information.

Nikola Tesla states:

*“When you have understood the meaning of 3 – 6 – 9, then you own the key to the universe”.*

And he also said: “ $1 + 2 = 3$   $\rightarrow$  Everything in the universe obeys the laws of mathematics.”

The numbers 3 – 6 – 9 are also called “divine” numbers and that means to me an allusion to the all encompassing information of absolute consciousness.

I need to add about area 9, that the words of Christ **“The Father and I are One”** address the importance of our physical middle.

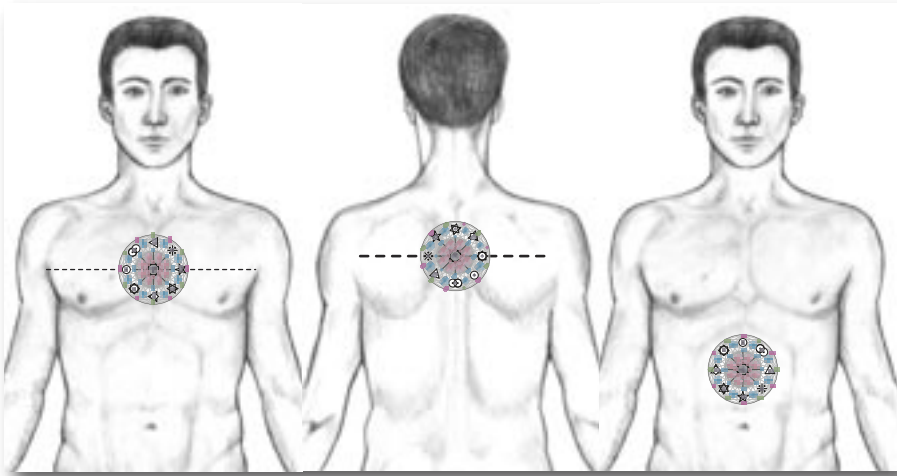
### **Indications:**

Predestined are people, who are unable to or do not want to find their way in life in the here and now. Today one way and tomorrow differently is always counterproductive and our middle can no longer be found. Even when people are already signaling an apathetic impression and this apathy is pointing towards depression, the treatment with the disc on the areas of the numbers 3 – 6 – 9 can be of great importance.

In people with systemic diseases (for instance Parkinsonism or MS) it is worth a try to soften existing symptoms.







### Treatment sequence and location:

1. Center 3 → Middle of the sternum
2. Center 6 → at the level of the axillary folds on the spine
3. Center 9 → 3 fingerwidths below the tip of sternum

The appropriate symbol of the chosen center is oriented towards the top in any application to the treatment zones, in this case the symbol of the number 3 and the number 6. At the Center of the Number 9 the symbol of the number 1 points towards the top.

The disc is applied for 4 to 5 minutes per zone.

Negative reactions (very rare) interrupt the application and we move on to the next center.

## THE COMBINATION 2 – 5 – 8

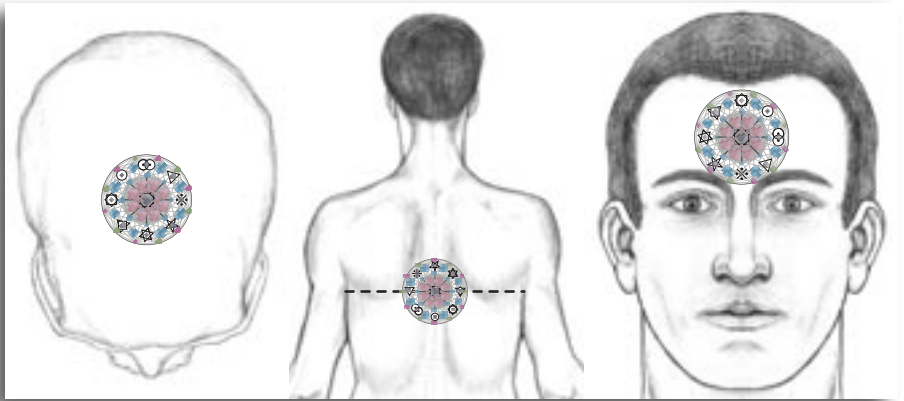
In the number sequence we are missing the numbers 2 – 5 – 8

In my thoughts these three numbers are important and thus I have positioned them between the number sequences of 1 – 4 – 7 and 3 – 6 – 9. The cues from the centers of the numbers indicate that this where the “emotional” and thus the subconscious levels of our lives are located.



**Indication:**

The centers of these three numbers are used, when a person's psychological problems are a priority. Stress and the resulting complaints react well to the treatment of these three zones. It has also been observed that people, who are suffering from insomnia or disturbances in sleep rhythm, benefit greatly from this treatment.

**Treatment sequence and location:**

1. Center 2 → Middle of the top of the skull (GV 20)
2. Center 5 → At the level of the tips of the shoulderblades on the spine
3. Center 8 → Middle of the forehead

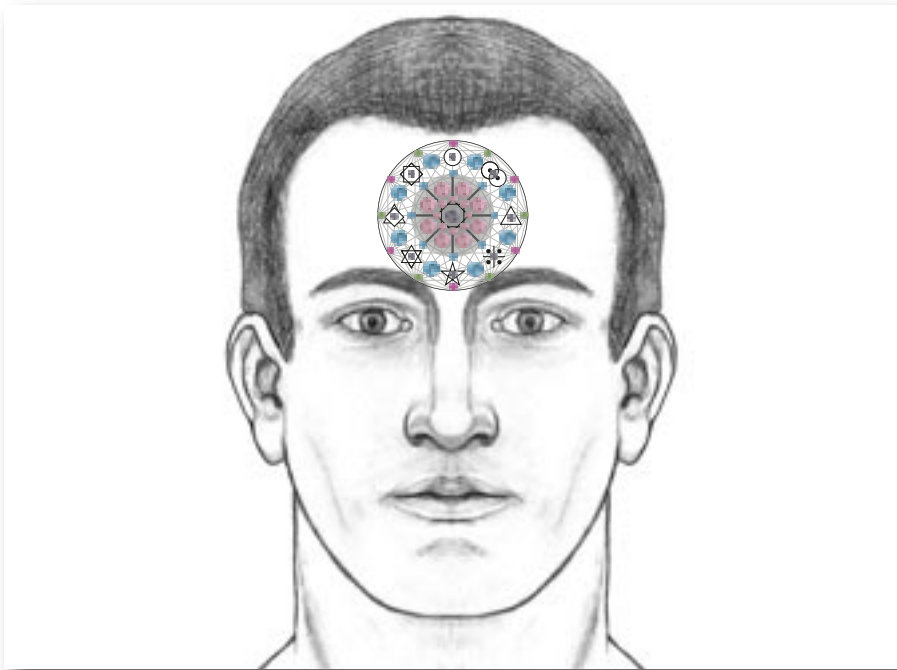
The appropriate symbol of the chosen center is oriented towards the top in any application to the treatment zones, in this case the symbol of the number 2, the number 5 and the number 8.

The disc is applied for 4 to 5 minutes per zone.

Negative reactions (very rare) interrupt the application and we move on to the next center.



## TESTING OF THE SYMBOLS THROUGH THE ESOGETIC PAIN CLOCK



There is another way in which the Disc of the numeric symbols can be used. The centers, which are important for a treatment can be tested.

For the testing you approach the area of the pain clock (area 8) and position the disc with the symbol 1 towards the top for 30 seconds on the forehead.

Going counterclockwise all 8 positions are also directed for 30 seconds towards the top.



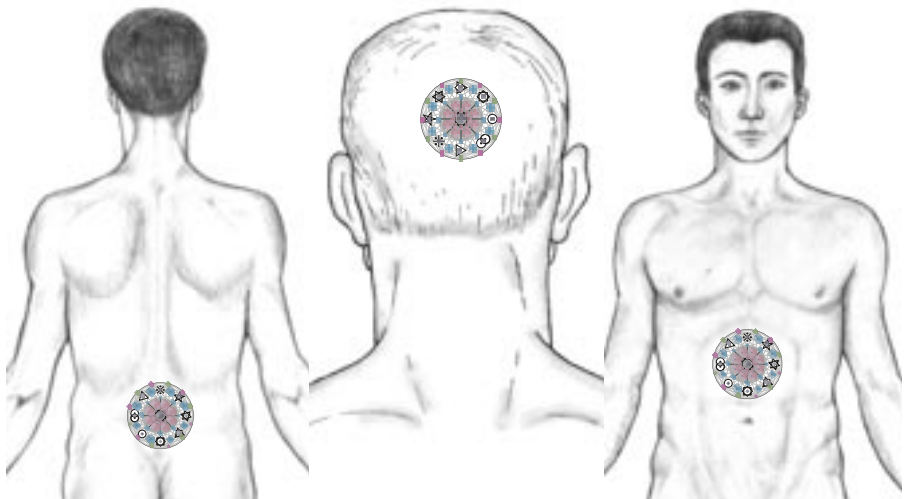
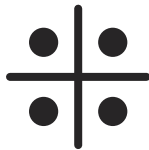
We have observed that one to three symbols tend to react in people. Those are the ones we then use for treatment.

You certainly have noticed that only 8 symbols can be tested and the number 9 does not show up in this process.

I need to add that the number 9 is part of all symbols due to its central position. I have determined that the position of the number 9 is used at the end of a treatment. At that point the first number showing up in the test points towards the top, when the disc is applied at the area of the number 9.

**EXAMPLE:**

The test resulted in the symbols 4 + 7. These two centers and center 9 get covered by the disc.



**Treatment sequence and location:**

1. Center 4 opposite the navel on the spine
2. Center 7 opposite the middle of the forehead on the occiput
3. Center 9 3 fingerwidths below the tip of sternum

The appropriate symbol of the chosen center is oriented towards the top in any application to the treatment zones, in this case the symbol of the number 4 and the number 7. In the area of the number 9 the first tested symbol points towards the top, in our example the symbol of the number 4.

The disc is applied for 4 to 5 minutes per zone.

Negative reactions (very rare) interrupt the application and we move on to the next center.

It can happen that no symbol reacts to the testing. Presently that means to me that the sequences 1 – 4 – 7, 2 – 5 – 8 and 3 – 6 – 9 should be treated. Not in one day, though, but on three consecutive days in this given order.

Afterwards the testing through the pain clock should be done again. usually one or more symbols react and can be treated as I have outlined previously.

The Disc of the numeric symbols can contribute to a person coming back “into his middle”. From there the path towards the above can be significantly eased, which shows through freedom and well-being.

May these listed and demonstrated options suffice for the beginning to get started with the disc.



## Peter Mandel INFORMATION ENERGY-REFLECTOR

Peter Mandel has observed for decades that there are so-called “seconds pain points” in the hologram of the skin. He is calling the skin zones that he has discovered “matrix regulators”.

He has developed a small therapeutic instrument, the Information Energy Reflector, a small rod with a spherical end and a crystal, which has been charged with specific information.



In his comprehensive user's manual Peter Mandel is presenting the most important matrix regulators for the 'seconds pain' relief. He shows the basic pain treatment and adds combinations of specific zones for the spine and the joints. Further matrix reflectors are completing the book.

- Book “The Matrix Reflectors“: **Ord.-No. 7057**
- Set, containing the Information Energy Reflector as well as the book “The Matrix Reflectors“: **Ord.-No. 1992**





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